



# SUICIDE PREVENTION REFERRAL PATHWAY TOOL FOR CHILDREN & YOUNG PEOPLE UNDER 18

## DO'S

- Gather facts e.g means of attempt.
- In case of overdose establish what has been taken and how much and arrange Accident and Emergency admission.
- Remove any means of self-harm if possible.
- Record incident – date and time chronologically – report FACTS only!
- After the incident seek support from your line manager.

- Ask question. “Do you want to die/kill yourself?”
- Ask about Plan - Assess risk of plan
- Intent – How serious is the thought, is there a time scale, have they acted on their thoughts
- Keep child/young person safe. Never leave child alone
- Follow your safeguarding procedures
- Contact Parent/Guardian if safe to do so
- For advice contact Single Point of Contact CAMHS 01267 674450 9 to 5 Monday to Friday.
- After 5pm (OOH) contact GP on 111 or A&E if concern is high

Suicide Prevention  
Assessment Tools  
Guidelines

## EXPERIENCING SUICIDAL IDEATION

**KEEP YOUNG PERSON SAFE**  
REASSURE - DO NOT LEAVE ALONE

**CONTACT**

**Contact Parents/carers  
unless to do so would  
cause increased harm**

**During Office Hours  
9am – 5pm**

**Contact CAMHS  
01267674450**

### **SOCIAL SERVICES**

**Pembrokeshire  
01437776444**

**Ceredigion  
01545574000**

**Powys  
01597 827666  
Carmarthenshire  
01554742322**

**If a young person  
refuses help and you  
fear for their safety  
phone the police**

**If a young person  
runs away phone  
the police**

**Do not leave the  
young person alone**

## HAS ACTED ON SUICIDAL THOUGHTS

**999  
A & E**

(ACCIDENT & EMERGENCY)

**Contact  
Parents/carers  
unless to do so  
would cause  
increased harm**

